



*Raider Pride - What does it mean? Believe in yourself, believe in your teammates, Always work hard, Never give up*

## **Important Dates & Information**

### **Physicals:**

All players will need to get a sports physical from his doctor prior to the first day of practice. The physical must state your child is cleared to play "**Contact Football**". You may use the attached "Sports Physical Clearance" form. *All physicals must be dated within 90 days from the first day of practice. (4-18-10 or Later)*

Players will **NOT** be allowed to participate in practice until a current physical is on file with the head coach.

### **Practice Information:**

First Day of Practice is tentatively scheduled for: **Saturday, July 17<sup>th</sup>, 2010**

Every player/cheerleader will be notified at a later time by phone or mail with exact time of the first practice.

All practices will be Monday through Friday from 6:00pm – 8:00pm. The only exception is on the first Saturday, July 17th with practice running from 10:00am to 12:00pm. *All practices* will be at the "Old" Tracy Ball Park on Tracy Blvd next to Taco Bell. After the first game, practice will be held at the same time and place, Tuesday thru Thursday only.

### **Paperwork Needed:**

Please make sure all of the following items have been turned in prior to the first practice:

*Birth Certificate, Report Card, & Utility Bill - New Participants only*

*Physical & \$35 Registration Fee – All Participants*

Please note that **ALL** of the items listed above must be on file with head coach before a player will be allowed to participate.

### **Pre-Camp Weigh Ins:**

Pre-Camp Weigh-Ins will be held 2-4 weeks prior to the start of practice. All football players will be weighed to ensure they are assigned to the correct team. This is also the best time for all Football Players and Cheerleaders to turn in any outstanding paperwork. Every player/cheerleader will be notified at a later time by phone or mail with time and location of the weigh-ins.

### **Questions:**

If you have any questions or concerns please feel free to call.

Tracy Raiders Information Hotline: 209-834-2400 -OR- novice\_football@tracyraidersfootball.org